



Tao Institute of Mind & Body Medicine

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Top Integrative Medicine Center Opens New Branch in Bryn Mawr

(*Bryn Mawr, PA September 3, 2008*) **Tao Institute of Mind & Body Medicine**, an integrative medicine center, announces the opening of a new branch office in Bryn Mawr, PA. Located in the heart of Bryn Mawr. The office will offer services in Integrative Psychiatry and Medicine, Acupuncture and Chinese Herbal Medicine, Integrative Approaches to Pain Management, Integrative Nutrition, and Integrative Wellness and Anti-aging Medicine.

"I'm extremely excited to lead the new Bryn Mawr location and bring the Tao Institute's tradition of compassionate care and integrative approach to the area," said Jingduan Yang, M.D., a board certified psychiatrist who practices Integrative Psychiatry. Dr. Yang is also a fourth-generation practitioner and teacher of Traditional Chinese Medicine following his family tradition, "I'm very happy that two outstanding integrative medicine practitioners Joel Edman, D.Sc. and Bettina Herbert, M.D. are joining our Bryn Mawr office.

Dr. Edman is a well-known researcher, scientific author, teacher and clinician utilizing sophisticated yet simple nutritional approaches to some of the complex medical issues treated at the Tao Institute, especially relating to digestive health and nutritional approaches to chronic inflammatory diseases. Dr. Herbert is not only board certified in Physical and Rehabilitation Medicine, but has over a decade of experience in osteopathic manual medicine. She uses both philosophies to treat difficult pain issues and restore function as well as working with performing artists and elite athletes.

Some unique features of the Tao Institute at Bryn Mawr include:

- **Two Dr. Andrew Weil's Program in Integrative Medicine fellows(Drs. Yang and Herbert)** offer consultations on nutrition and wellness
- **A physician/acupuncturist and associates offer advanced traditional and acupuncture services to treat complex health issues:**
 - **Lyme disease**
 - **Complementary cancer care**
 - **Fertility support**
 - **Healthy aging**
 - **Pain management**

- **Smoking cessation**
- **Chemical dependence**
- **Weight control**
- **Women's health and Health maintenance.**
- **Experienced psychiatrists offer Integrative Psychiatry** utilizing medication, acupuncture, natural medicine, yoga and psychotherapy.
- **Acupuncture Facelift services offered by experts** – a natural, effective and holistic way to help you look and feel your best.

“I am confident that residents in Bryn Mawr and the surrounding Main Line area will find the Tao Institute's services a great resource in their health and wellness efforts.” said Dr. Yang.

The Tao Institute at Bryn Mawr is located at 14 S. Bryn Mawr Ave, Ste101, Bryn Mawr, PA 19010. Appointments can be scheduled by calling toll free 1-866-437-3826 or 856-802-6888. Inquiries can also be sent to info@taoinstitute.com

Dr. Yang and the providers at the Tao Institute of Mind & Body Medicine welcome interviews from the local media in Main Line area. Requests can be submitted through info@taoinstitute.com.